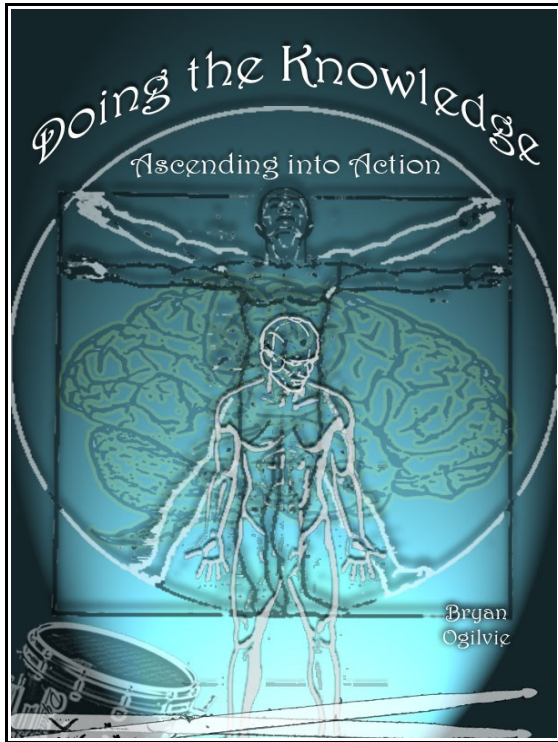


THE PHILOSOPHY OF ASCENSION

WITH BRYAN OGILVIE

HOSTED BY DON STYLE ENT.

---CHAPTER BREAKDOWN, NOTE SHEET, AND ADDITIONAL LINKS ---



Introduction: A Writer's Rationale

What motivated this book to come about? What is this book's purpose, and what are some of the foundational concepts it builds on? What exactly is a Divine Legend, and how can we tap into the Higher Genius within us all? Why is it so important we make our dreams manifest now?

Also provides an outline of the book.

(Section Read: *Manifest Your Personal Legend*)

Ch. 1) Dreams of a Drummer (My Personal Awakening)

The story of how I came to be who I am today. What inspired me to be a drummer, and what it was like learning from drummers in NYC and leading a drumline back on Long Island. How being a percussionist allowed me to realize my true self and life purpose.

(Section Read: *Band Camp Closure*)

Ch. 2) Inspiration - Gifts from the Breathe of God

What it means to truly be "inspired." How to discover your life purpose, and center it's realization around activities that bring you joy, happiness and higher awareness.

(Section Read: *Mihalyi's Flow*)

Ch. 3) Dedication - The Prerequisite for Finesse

Understanding why most people give up on their dreams, and discovering how to avoid this trend. How to find lasting motivation and build momentum towards your success. The importance of being committed, and a new way to look at your goals that ensures continuous development

(Section Read: *Focus & Concentration, A Plan for Persistence and Concluding Jewels*)

Ch. 4) Being Unique & Being Yourself

Bringing an end to the fabrication of self. The necessity of being who you truly are and want to be, and the liberation that comes from that. Understanding and being comfortable with the fact that people will not understand you, and how to craft the correct social and physical environment for your ascent.

(Section Read: *Accept that You Won't Be Accepted*)

Ch. 5) Success is a Result of Spiritual Growth; Spiritual Growth is a Result of Success

Maintaining a spiritual foundation for the work you're doing: seeing that while you need to grow internally to achieve, the achievements themselves bring about growth and life-transformation you couldn't expect. How to recognize and deal with your true enemy.

Ch. 6) The Joys of Accomplishment

Getting in touch with the feelings of fulfillment you deserve. What it's like to see your highest aspirations in physical form and what it means to feel victorious, successful, invincible and divine. The power of poetry and some hot rhymes from yours truly
(Section Read: *Only the Poet Can Tell, Divine Ignition* and “*Bryan is Like*”)

Ch. 7) On Being a Leader

The true meaning of leadership, and why it's a role one should see as natural result of achieving one's goals. An academic analysis of leadership and the common characteristics leaders share

(Section Read: - not from book- *The Impression of Increase*)

Ch. 8) On Becoming a Legend

The higher essence of leadership. Seeing who you're becoming and the accomplishments you're achieving as part of a grand community, a portion of a much larger blueprint for the advancement of the world. How the development and unfoldment of your potential triggers growth in ways you can neither see nor predict, and how to see your life's mission in the form of a symbolic myth, thereby creating symbols that motivate you beyond the normal sense of the word.

(Section Read: *Self-Improvement is the Basis for Community Development* and *The Alchemy of Past, Present and Future*)

Ch. 9) Concluding Notes

Concluding notes and additional observations on the philosophy of Ascension. Bringing the journey to close by tying everything together. What it was like writing this book; the story of how it came together.

Appendix: Mechanics for the Movement

Additional, practical advice on goal setting and living a well-grounded and balanced life. Topic such as time management, handling stress, maintaining a healthy lifestyle, thinking rationally, basic goal setting techniques, visualization, and tips on how to keep life fun and interesting,

(Sections Read: *Introduction, Time Mastery -Audio-, Handling Stress, and 13 Ways to Invigorate Life*)

- LINKS -

www.DoTheKnowledge.com – the official homepage for Doing The Knowledge:Ascending into Action

www.DoTheKnowledge.com/Transcend - **Today's Transcendence**, a daily blog for DTK.com

www.DoTheKnowledge.com/Harmonics - webpage for Bryan & Larry's mixtape "*Liberty Styles*"

www.AlphaDonOmega.9k.com - Don Style Entertainment website

www.trans4mind.com - *Tools for Transformation*, with Peter Shepherd and Wallace Huey

NOTES: